



SPACESTATION
LIVE

1
00:00:11,830 --> 00:00:09,750
the recent end of expedition 47 marked

2
00:00:13,270 --> 00:00:11,840
the conclusion of the on-orbit portion

3
00:00:14,310 --> 00:00:13,280
of some international space station

4
00:00:15,509 --> 00:00:14,320
experiments that we've been talking

5
00:00:18,710 --> 00:00:15,519
about a lot

6
00:00:20,550 --> 00:00:18,720
including cognition and microbiome as

7
00:00:22,150 --> 00:00:20,560
well as ocular health the experiment

8
00:00:24,630 --> 00:00:22,160
looking into the reasons why some crew

9
00:00:26,950 --> 00:00:24,640
members suffer diminished vision after a

10
00:00:28,870 --> 00:00:26,960
long duration stay on orbit

11
00:00:30,630 --> 00:00:28,880
recently my colleague pat ryan spoke

12
00:00:33,510 --> 00:00:30,640
with the lead increment scientist for

13
00:00:35,350 --> 00:00:33,520

expeditions 47 and 48 yuri gerhart

14

00:00:37,910 --> 00:00:35,360

ramirez and

15

00:00:40,709 --> 00:00:37,920

about some of the new experiments

16

00:00:42,950 --> 00:00:40,719

getting started on this expedition

17

00:00:51,029 --> 00:00:42,960

and about what happens next for research

18

00:00:54,869 --> 00:00:53,110

we have a huge milestone in completion

19

00:00:56,709 --> 00:00:54,879

of these investigations that started

20

00:00:58,310 --> 00:00:56,719

many expeditions ago

21

00:01:00,869 --> 00:00:58,320

and require a lot of these subjects to

22

00:01:02,709 --> 00:01:00,879

complete now that the sub our final set

23

00:01:04,950 --> 00:01:02,719

of subjects uh is home these

24

00:01:08,149 --> 00:01:04,960

investigations will undergo what we call

25

00:01:09,910 --> 00:01:08,159

post flight bdc based data collection uh

26

00:01:11,990 --> 00:01:09,920

essentially they'll go through

27

00:01:13,109 --> 00:01:12,000

similar type of in-flight

28

00:01:14,390 --> 00:01:13,119

measurements like they did during

29

00:01:16,149 --> 00:01:14,400

in-flight

30

00:01:18,630 --> 00:01:16,159

and they will collect the data

31

00:01:20,789 --> 00:01:18,640

to figure out essentially what happens

32

00:01:22,469 --> 00:01:20,799

after they come home and some of these

33

00:01:23,990 --> 00:01:22,479

collections take

34

00:01:25,670 --> 00:01:24,000

it could be three months

35

00:01:27,429 --> 00:01:25,680

it could be six months and in the case

36

00:01:29,590 --> 00:01:27,439

of ocular health for example it can take

37

00:01:32,069 --> 00:01:29,600

close to a year to continue to take

38

00:01:34,390 --> 00:01:32,079

these uh different measurements

39

00:01:36,630 --> 00:01:34,400

of the eye in the vision

40

00:01:38,310 --> 00:01:36,640

including uh tests that were not part of

41

00:01:41,830 --> 00:01:38,320

the in-flight portion

42

00:01:43,510 --> 00:01:41,840

like mris and other ways to assess the

43

00:01:45,670 --> 00:01:43,520

health of the eye

44

00:01:47,670 --> 00:01:45,680

so after all the scientists gather all

45

00:01:48,789 --> 00:01:47,680

that data they'll have lots and lots and

46

00:01:50,710 --> 00:01:48,799

lots of

47

00:01:52,789 --> 00:01:50,720

mounds of data to go through and try to

48

00:01:54,469 --> 00:01:52,799

figure out what the big picture is

49

00:01:56,230 --> 00:01:54,479

telling us across all the different

50

00:01:57,990 --> 00:01:56,240

subjects through the years

51
00:01:59,910 --> 00:01:58,000
on all these various health issues that

52
00:02:02,069 --> 00:01:59,920
were we're trying to understand better

53
00:02:03,910 --> 00:02:02,079
for for space flight had they gotten a

54
00:02:06,069 --> 00:02:03,920
start on that had they been reviewing

55
00:02:07,910 --> 00:02:06,079
the on-orbit data from the prior

56
00:02:09,430 --> 00:02:07,920
subjects already and

57
00:02:10,949 --> 00:02:09,440
they're not saving it all up for one

58
00:02:12,710 --> 00:02:10,959
time well they can they can start

59
00:02:14,150 --> 00:02:12,720
assessing some of it they can understand

60
00:02:15,270 --> 00:02:14,160
whether or not we think we have viable

61
00:02:18,070 --> 00:02:15,280
data

62
00:02:21,190 --> 00:02:18,080
some of these investigations require

63
00:02:23,830 --> 00:02:21,200

body samples and some of those came home

64

00:02:25,350 --> 00:02:23,840

with spacex eight we had a huge a huge

65

00:02:26,790 --> 00:02:25,360

set of samples that came home for human

66

00:02:28,070 --> 00:02:26,800

research with that with that mission

67

00:02:29,510 --> 00:02:28,080

return

68

00:02:31,750 --> 00:02:29,520

others

69

00:02:33,750 --> 00:02:31,760

have taken place after spacex eight for

70

00:02:36,470 --> 00:02:33,760

these specific crew members for example

71

00:02:38,229 --> 00:02:36,480

with micro microbiome and those will

72

00:02:38,949 --> 00:02:38,239

have to wait until those samples come

73

00:02:41,030 --> 00:02:38,959

home

74

00:02:43,750 --> 00:02:41,040

to finally be able to put all the puzzle

75

00:02:45,990 --> 00:02:43,760

pieces together of all the data and

76

00:02:47,750 --> 00:02:46,000

continue to assess the post flight data

77

00:02:49,910 --> 00:02:47,760

collections if you would

78

00:02:52,790 --> 00:02:49,920

expedition 47 meant the end of some

79

00:02:54,630 --> 00:02:52,800

experiments expedition 48 has got its

80

00:02:57,030 --> 00:02:54,640

own experiments that are occupying the

81

00:02:58,470 --> 00:02:57,040

the crew on orbit uh tell me what you

82

00:03:00,869 --> 00:02:58,480

think are some of the highlight

83

00:03:03,030 --> 00:03:00,879

experiments that we'll be seeing happen

84

00:03:04,710 --> 00:03:03,040

over the next three months or so

85

00:03:07,110 --> 00:03:04,720

certainly we uh there's

86

00:03:09,350 --> 00:03:07,120

a lot of investigations that continue

87

00:03:12,149 --> 00:03:09,360

one of those uh actually an interesting

88

00:03:13,589 --> 00:03:12,159

pair is csa the canadian space agency

89

00:03:14,790 --> 00:03:13,599

has marrow

90

00:03:17,110 --> 00:03:14,800

and that's an investigation that's

91

00:03:18,710 --> 00:03:17,120

looking to understand how the bone

92

00:03:22,070 --> 00:03:18,720

marrow

93

00:03:25,589 --> 00:03:22,080

transitions from its natural state into

94

00:03:28,869 --> 00:03:25,599

more adipose or fat tissue if you would

95

00:03:29,910 --> 00:03:28,879

in the bone marrow itself this adipose

96

00:03:32,710 --> 00:03:29,920

tissue

97

00:03:35,110 --> 00:03:32,720

and so that is part of the natural bone

98

00:03:37,509 --> 00:03:35,120

process as we age to the for that bone

99

00:03:39,110 --> 00:03:37,519

marrow to transition however

100

00:03:41,430 --> 00:03:39,120

they are looking at

101
00:03:43,110 --> 00:03:41,440
how the microgravity environment

102
00:03:45,589 --> 00:03:43,120
accelerates that

103
00:03:48,070 --> 00:03:45,599
and that is analogous to patients that

104
00:03:50,229 --> 00:03:48,080
are in bed rest and have to undergo long

105
00:03:51,910 --> 00:03:50,239
periods without activity and so they're

106
00:03:53,110 --> 00:03:51,920
trying to understand

107
00:03:55,429 --> 00:03:53,120
how that

108
00:03:57,830 --> 00:03:55,439
lack of microgravity loading on the body

109
00:03:59,670 --> 00:03:57,840
of the bone marrow affects not just as

110
00:04:01,670 --> 00:03:59,680
we understand our muscular skeletal

111
00:04:03,589 --> 00:04:01,680
system but deep inside into the bone

112
00:04:05,670 --> 00:04:03,599
marrow and those processes that could

113
00:04:07,670 --> 00:04:05,680

also affect the white cells and red

114

00:04:08,869 --> 00:04:07,680

cells count

115

00:04:09,910 --> 00:04:08,879

for

116

00:04:12,149 --> 00:04:09,920

possible

117

00:04:13,910 --> 00:04:12,159

mitigations in the future

118

00:04:17,110 --> 00:04:13,920

are there some experiments on expedition

119

00:04:19,189 --> 00:04:17,120

48 that are not human life sciences

120

00:04:20,789 --> 00:04:19,199

research some other kinds of science oh

121

00:04:22,870 --> 00:04:20,799

yes we have uh

122

00:04:25,830 --> 00:04:22,880

all sorts of investigations one that we

123

00:04:29,030 --> 00:04:25,840

have continued and we've seen a lot of

124

00:04:30,950 --> 00:04:29,040

that during increment 47 and we may we

125

00:04:33,830 --> 00:04:30,960

may not continue through until increment

126
00:04:35,030 --> 00:04:33,840
49 perhaps it's issa's electromagnetic

127
00:04:36,310 --> 00:04:35,040
levitator

128
00:04:37,590 --> 00:04:36,320
that is looking at a completely

129
00:04:38,629 --> 00:04:37,600
different

130
00:04:39,590 --> 00:04:38,639
process

131
00:04:42,070 --> 00:04:39,600
for

132
00:04:44,070 --> 00:04:42,080
solidification of samples you have

133
00:04:47,030 --> 00:04:44,080
different samples of different metal

134
00:04:49,189 --> 00:04:47,040
alloys iron copper nickel and different

135
00:04:51,749 --> 00:04:49,199
alloys that they're looking at

136
00:04:53,430 --> 00:04:51,759
how they solidify and

137
00:04:55,670 --> 00:04:53,440
this particular

138
00:04:58,230 --> 00:04:55,680

apparatus that's out there allows us to

139

00:05:00,710 --> 00:04:58,240

process these batches of samples and

140

00:05:02,310 --> 00:05:00,720

watch through the high speed cameras and

141

00:05:05,670 --> 00:05:02,320

thermo

142

00:05:07,189 --> 00:05:05,680

essentially trying to assess the

143

00:05:09,590 --> 00:05:07,199

temperature

144

00:05:12,550 --> 00:05:09,600

quick heating cooling

145

00:05:14,550 --> 00:05:12,560

and watching how that sample solidifies

146

00:05:17,270 --> 00:05:14,560

and the surface tension that occurs

147

00:05:18,950 --> 00:05:17,280

within that sample and it's levitating

148

00:05:21,029 --> 00:05:18,960

obviously we have the microgravity but

149

00:05:23,270 --> 00:05:21,039

the electromagnetic forces are helped to

150

00:05:25,510 --> 00:05:23,280

keep it in place

151

00:05:27,990 --> 00:05:25,520

and being able to watch

152

00:05:29,830 --> 00:05:28,000

how those processes happen can help us

153

00:05:31,749 --> 00:05:29,840

potentially yield whole new

154

00:05:35,350 --> 00:05:31,759

revolutionary ways of manufacturing here

155

00:05:37,430 --> 00:05:35,360

on earth uh in a matter of a few more

156

00:05:39,510 --> 00:05:37,440

weeks there's another

157

00:05:41,510 --> 00:05:39,520

spacex dragon cargo ship that's coming

158

00:05:43,590 --> 00:05:41,520

to the station and it's delivering some

159

00:05:45,510 --> 00:05:43,600

brand new science that new to the

160

00:05:47,029 --> 00:05:45,520

station tell me about some of the things

161

00:05:48,550 --> 00:05:47,039

that you'll find in there

162

00:05:51,189 --> 00:05:48,560

we have a couple of very exciting

163

00:05:53,189 --> 00:05:51,199

investigations again spacex has come in

164

00:05:54,870 --> 00:05:53,199

with so many investigations to add to

165

00:05:56,550 --> 00:05:54,880

our portfolio it's very exciting to have

166

00:05:59,670 --> 00:05:56,560

them arrive

167

00:06:01,590 --> 00:05:59,680

in a few of those include jaxa's mouse

168

00:06:02,710 --> 00:06:01,600

epigenetics

169

00:06:05,189 --> 00:06:02,720

and this is a very interesting

170

00:06:09,430 --> 00:06:05,199

investigation where

171

00:06:11,270 --> 00:06:09,440

we we understand how dna and

172

00:06:13,510 --> 00:06:11,280

works right we have this dna sequence

173

00:06:15,510 --> 00:06:13,520

that tells us okay you're going to be

174

00:06:18,390 --> 00:06:15,520

roughly this height and this build and

175

00:06:19,990 --> 00:06:18,400

some of those pieces of of who we are

176

00:06:23,110 --> 00:06:20,000

but we are learning more and more with

177

00:06:24,309 --> 00:06:23,120

the epigenetic side of the house that

178

00:06:26,150 --> 00:06:24,319

there's this

179

00:06:29,110 --> 00:06:26,160

external to the genetics

180

00:06:30,950 --> 00:06:29,120

factors like diet stress

181

00:06:32,550 --> 00:06:30,960

and other

182

00:06:34,309 --> 00:06:32,560

different environmental conditions that

183

00:06:37,270 --> 00:06:34,319

actually

184

00:06:38,550 --> 00:06:37,280

affect how the gene expresses itself so

185

00:06:40,390 --> 00:06:38,560

these

186

00:06:42,309 --> 00:06:40,400

functions that are happening

187

00:06:44,070 --> 00:06:42,319

outside of the genome itself are not

188

00:06:45,029 --> 00:06:44,080

changing your dna sequence that is what

189

00:06:47,029 --> 00:06:45,039

it is

190

00:06:49,029 --> 00:06:47,039

but the fact that you may or may not be

191

00:06:50,950 --> 00:06:49,039

more susceptible to some diseases or you

192

00:06:52,870 --> 00:06:50,960

may or may not be more prone to certain

193

00:06:54,550 --> 00:06:52,880

things happening

194

00:06:56,230 --> 00:06:54,560

is heavily influenced by this

195

00:06:57,270 --> 00:06:56,240

environment and we're learning a lot

196

00:06:59,589 --> 00:06:57,280

about that

197

00:07:02,230 --> 00:06:59,599

and using our mice as a human model

198

00:07:04,870 --> 00:07:02,240

one of our model organisms that we can

199

00:07:07,029 --> 00:07:04,880

study and translate that data

200

00:07:10,309 --> 00:07:07,039

can help us understand

201
00:07:12,790 --> 00:07:10,319
uh what is going to happen uh for demise

202
00:07:14,550 --> 00:07:12,800
that will be exposed for microgravity

203
00:07:16,150 --> 00:07:14,560
during mic during this period and

204
00:07:18,629 --> 00:07:16,160
they'll come home and then they'll be

205
00:07:20,790 --> 00:07:18,639
able to assess their epigenetic changes

206
00:07:21,589 --> 00:07:20,800
and different the various organs they

207
00:07:23,110 --> 00:07:21,599
have

208
00:07:25,749 --> 00:07:23,120
as well as

209
00:07:28,309 --> 00:07:25,759
their offspring another one that's very

210
00:07:29,990 --> 00:07:28,319
very very interesting is heart sales and

211
00:07:31,430 --> 00:07:30,000
that's a nasa research investigation

212
00:07:33,990 --> 00:07:31,440
coming up

213
00:07:36,469 --> 00:07:34,000

in there's a very fascinating couple

214

00:07:39,029 --> 00:07:36,479

aspects to this investigation

215

00:07:42,150 --> 00:07:39,039

the first is that the scientists have

216

00:07:43,670 --> 00:07:42,160

successfully taken skin cells

217

00:07:46,390 --> 00:07:43,680

and

218

00:07:49,029 --> 00:07:46,400

i would say deprogram them

219

00:07:50,469 --> 00:07:49,039

and turn those human skin cells into

220

00:07:52,390 --> 00:07:50,479

stem cells

221

00:07:54,230 --> 00:07:52,400

now most people may be familiar with the

222

00:07:55,990 --> 00:07:54,240

fact that stem cells are those cells in

223

00:07:57,430 --> 00:07:56,000

the body when we're born that

224

00:07:59,510 --> 00:07:57,440

can turn into any kind of cell in the

225

00:08:01,430 --> 00:07:59,520

body right right so

226

00:08:04,150 --> 00:08:01,440

we take they've taken the skin skin

227

00:08:05,670 --> 00:08:04,160

cells and deprogrammed them and then

228

00:08:07,749 --> 00:08:05,680

once they are

229

00:08:09,670 --> 00:08:07,759

turned into the the stem cell

230

00:08:11,830 --> 00:08:09,680

then they can go ahead and

231

00:08:13,510 --> 00:08:11,840

differentiate them or reprogram them

232

00:08:14,869 --> 00:08:13,520

into

233

00:08:20,390 --> 00:08:14,879

heart cells

234

00:08:22,070 --> 00:08:20,400

are will be launching on on space x9

235

00:08:23,510 --> 00:08:22,080

coming to the space station uh to

236

00:08:26,950 --> 00:08:23,520

undergo some

237

00:08:28,309 --> 00:08:26,960

uh exposure and we'll have to study them

238

00:08:30,629 --> 00:08:28,319

as they express themselves in the

239

00:08:32,310 --> 00:08:30,639

microgravity environment and

240

00:08:34,709 --> 00:08:32,320

the hope is that eventually we might be

241

00:08:37,190 --> 00:08:34,719

able to better understand cardiac

242

00:08:38,790 --> 00:08:37,200

impacts not only to our crew members as

243

00:08:40,790 --> 00:08:38,800

a result of the whole

244

00:08:41,829 --> 00:08:40,800

spaceflight environment

245

00:08:44,310 --> 00:08:41,839

but

246

00:08:46,630 --> 00:08:44,320

ideally we might we might be able to

247

00:08:48,710 --> 00:08:46,640

eventually lead to revolutionary ways of

248

00:08:51,110 --> 00:08:48,720

heart disease treatments here on earth

249

00:08:53,269 --> 00:08:51,120

and that's very very helpful very

250

00:08:55,350 --> 00:08:53,279

interesting few examples of what's going

251

00:08:56,949 --> 00:08:55,360

to be going on in terms of science on

252

00:08:57,829 --> 00:08:56,959

board the station the next few months

253

00:09:01,110 --> 00:08:57,839

and

254

00:09:03,750 --> 00:09:01,120

about how the how the operations have

255

00:09:06,470 --> 00:09:03,760

gone absolutely yes uh yuri geonard